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March 2018: Peace Be Still

The first day of March came in shaking the trees with great force. It looked like winter was upon us. The next few days seemed like spring. Now, the cold wind is greeting us again today. It reminds me of the emotional winds of life that are always changing inside and out.

With the ups and downs of the energy flow we may feel like humanity is up one day and down the next. We seem to be caught on the sea of life in the midst of a mighty storm. Have you read the story of Jesus calming the winds and the stormy sea by saying, "Peace Be Still?" He might be telling us that we also have the ability to speak to the storms in our life and calm the stormy emotion we sometimes experience.

Jesus was demonstrating the power of the spoken word. He also showed us how powerful thought is when he asked, "Do you believe?" To believe something is true or not, you first have to think about it. You may have heard, "thoughts held in mind create in time." What this means to me is, everything that happens in the outer happens within us first. As we change, what happens in us, we help change what we see outside of us.

We are like broadcasting stations, sending thoughts and feelings out into the world every second of every day. Just like my thoughts are going out in the "cloud" for others to read, my unwritten thoughts do the same.

Maybe today is the day to start censoring what we are adding to mass consciousness. Maybe today we will bless our neighbors and feel blessings come back to us. Enrich someone and you will be enriched. Honor your neighbor and the world will honor you. Whoever seeks love will find it by giving it. A measure of a person's wealth is the measure that one has given. To enrich yourself with many friends enrich your friends with yourself. That which you take away from anyone the world will take away from you. Peace and happiness do not come to you from your horizon, they spread from you out to infinity beyond your horizon. The whole universe is a mirror which reflects back to you that which you reflect to it. Love is like the ascent of a mountain, it comes nearer to you as you go nearer to it.

I've just been recalling a few thoughts I've been thinking of. There is one more saying I want to hold in mind daily that I feel can bring peace to the sea of life: "*Do unto others as you would have them do unto you.*" I wondered, would it be too difficult to fulfill this request of the Master, Jesus Christ?

From the Heart with Love, Peace & Blessings,
Reverend Elizabeth