



Unity Church of Winston Salem

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March 2019: Creating Heaven on Earth

Many of us grew up with some interesting beliefs that we inherited from the well-meaning adults in our lives. Some of us have carried these beliefs into our adulthood. But...who says that these beliefs are true? Maybe these beliefs no longer work for you anymore.

In growing up in a Christian home there is a big belief in heaven and hell. The belief is, if you do anything "wrong," you go to hell. To make sure that you get to heaven, well....you had to be a "good" boy or girl and do what you were told. Even if what you were told went against the natural state of your being, you would do it!

Jesus taught that heaven is not some place you find somewhere here or there. It's not a location outside of yourself. Jesus said, "The kingdom of heaven is within you. You are the temple of the living God."

Heaven and hell are states of consciousness that we experience right here on earth, within ourselves. For example, when we are so attached to a certain outcome and it doesn't turn out the way we wanted it to, we can feel like we are in hell. Most of us can go back to "the dark night of the soul" our hell. The other side of our thinking and feeling is when we are in our great bliss, doing what we love to do! Life is good and we feel like we are in heaven.

Here is a quote from the Temptations song, The Natural Facts..."I'm telling you the natural facts...you make your own heaven or hell right here on Earth."

Who says you can't sing, write or paint? Who says you can't be healthy, abundant and successful? Is that someone else's belief about you or is it what you believe about yourself? Either way, heaven or hell is only a thought away.

As Jesus taught us to pray, "Thy kingdom come on earth." So why not go for it?!? Whatever you say to yourself is true. Heaven and hell are states of consciousness!

I am "Consciousness, Awareness and Bliss and so it is!"

Let's create Heaven Here on Earth!

From the Heart with Love, Peace & Blessings,

Reverend Elizabeth