



Unity Church of Winston Salem

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September 2019: Tune into Your Amazing Senses

I would like to share with you some insights I read back in the fall of 2015. It came from a Dog Named Murphy who is known to be THE HUMAN WHISPERER. Murphy knows how to tune into his many senses and then he takes a few moments and listens to what he senses.

Did you know that when you pick up that old tennis ball in the yard, I smell the game of fetch? When I catch the ball, I taste excitement. When I look into your eyes, they tell me how you feel.

Every time you speak to me, you deliver an emotional soundtrack of your life. I hear your past and present as well as your hopes, dreams and desires.

Your walk tells me as much about where you have been as it does about where you were going. I know when you are tired and unhappy. I can tell when you're in love.

I tell you this because I think you would enjoy life more if you could tune into your many senses the way I do. Did you know that if you walk barefoot in the yard for a few minutes, you wouldn't need a weather report to find out if a storm is brewing or if fall is near?

If humans were to think more through their senses than with their logical mind, I think their lives would be enriched. This is the perfect month to feel the grass with your toes and listen to the breeze with your cheeks.

You might be surprised to discover what a brook has to say to your fingertips and what a song bird is singing to your heart. Soon you will have a chance to feel the seasons changing on your outside while you enjoy the warm taste of cider on the inside.

Take a moment to tune within and listen. Then hear and feel the change in the air.

Murphy's Dogma....Paws With Perspective...Murphy...The Human Whisperer...watches over his human
Rev. Bob Luckin.

From the Heart with Love, Peace & Blessings,

Reverend Elizabeth